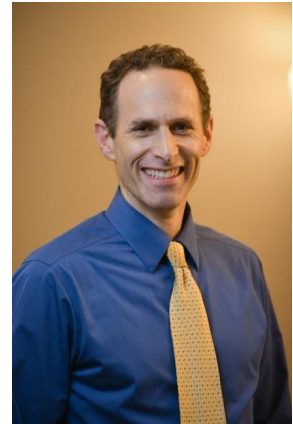


A MESSAGE FROM THE PRESIDENT

Spring is certainly offering reasons for optimism this year. The great unmasking is starting to happen in different settings, per the Centers for Disease Control. It will be an interesting transition, and like the pandemic has been, experienced differently by each person. It reminds me of our patients and how they present to us. There are similarities and patterns that can be recognized, but they are like snowflakes, where no two are alike. It makes the wonder and privilege of working with them that much more special and engaging.



APTA Alaska will have our first (since the pandemic) in-person/hybrid monthly meeting this month at UAA. We are fortunate to have Claire Trujillo, DPT, take us through concepts of working with patients with Long Covid and a myriad of symptoms that we may see. Physical Therapists and Physical Therapist Assistants are uniquely trained and qualified to work with these individuals and we need to let the community know this is the case. Let's do our best to help those in our community be their best as they deal with the lingering effects of COVID-19.

The APTA Alaska Spring Conference takes place on May 7 and will address how social determinants of health affect pain experience.

Your APTA Alaska Board of Directors is continuing to work hard for all APTA Alaska members, continuing to pursue establishing the first APTA Alaska Pro Bono PT Clinic in Anchorage. Thanks to all the volunteers in our Association that make it work.

Legislatively, progress continues in the state and nationally. Please read the report provided by our Federal and State Legislative Affairs Liaison, LeeAnne Carrothers, PT, PhD, for the details.

Hope Springs eternal. Enjoy the lengthening days and hope to see you at our meetings.

Alec Kay, PT, DMT, ATC, Board-Certified Clinical Specialist in Orthopaedic Physical Therapy
President, APTA Alaska